

Sophomore Upward Bound Portfolio

The majority of the required coursework can be found in the portfolio for each month. Occasionally, you may be directed to seek outside sources and additional help to complete a unit. If you need assistance along the way, you should communicate with the site teacher(s) at your school and your peers in the program. You should also stay in touch with the Upward Bound office to make sure that you know the dates, times, and locations of the monthly portfolio meetings. (Information regarding portfolio assignments, stipend payments, campus visitation trips and other special events will be discussed at these meetings.)

If you ever have any questions, please call the Upward Bound toll-free number (1-800-628-4494) or e-mail one of the Upward Bound staff members.

Schedule of Units

The Upward Bound portfolio program is delivered during the fall and spring semesters. Each semester contains three units. To complete the program successfully, finish the units in the order shown below. Each unit must be completed in the month in which it is given.

Welcome: Sophomores

Fall

- Sept. / Unit 1: Goal Setting and Self Discovery
- Oct. / Unit 2: Time Management
- Nov. / Unit 3: Study Skills + UB 2009 Summer Academy application

Spring

- Feb. / Unit 4: Personal and Family Finances
- Mar. / Unit 5: Interviews: Two College Graduates and One Professional
- Apr. / Unit 6: Personal Responsibility + UB Portfolio Program Evaluation

<p style="text-align: center;">Educational Support Programs, Upward Bound</p>
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