**Wilderness Welcome 2009 Itinerary**

***Sunday August 16, 2009***

11:30- Check in Begins (Recreation Center Conference Rooms)

Every student will need to register in the conference room. If you have storage needs, please register early so that everyone is prepared for the opening meeting at 1:30. Students will be responsible for lunch. You may register, leave and return for the opening meeting.

1:30- Opening Meeting (Recreation Center Fitness Room)

All students need to be present as we kick of the experience with the opening meeting. Parents are welcome but not required.

2:00- Parent Meeting (Recreation Center Conference Rooms)

This informational meeting for parents is not required but will explore the logistics of Wilderness Welcome from a parent perceptive. We will discuss trip logistics, emergency contact information and answer any questions that parents may have.

2:00- NAU Challenge Course Experience (Hilltop Field)

The NAU Challenge Course will provide an adventure-based experience that will help introduce you to other Wilderness Welcome students, provide a unique challenge and begin to build community.

6:30- Dinner (Recreation Center Front Stoop)

Upon return from the Challenge Course, we will provide a BBQ dinner with hamburgers, chicken and veggie burgers.

8:00- Pre-trip Meetings (Climb- Fitness Room, River- Conference Rooms, and Canyon Adven.- Main Corridor)

Each group will meet to discuss all logistics of their experience with the lead guide. Topics of discussion will include what to pack, revised itineraries and departure times for the morning.

9:30- Open Recreation (Recreation Center)

Students will have access to the climbing wall, racquetball, basketball, Nintendo WII, open swim and other fitness equipment. This time has also been set aside for the use of cell phones.

11:00- Lights Out

Students will be spending the night in the Recreation Center.

***Monday August 17, 2009***

7:00- Wake Up and Breakfast (Recreation Center)

Students will need to pack all gear and prepare for morning departure before eating a breakfast on the go. Breakfast will consist of assorted pastries, fruit, juice and milk.

8:00- Departure on Trips (Vertical Relief Climbing Center)

Instruction and fitting of harnesses, helmets and climbing shoes. Instruction and review of Top Rope belaying and fig 8 knot. Some basics of climbing movement

12:00- Lunch

12:30- Travel to Jacks Canyon

Set up camp, eat and evening hike and tour of the climbing area.

***Tuesday August 18, 2009***

8:00- Climbing in Jacks Canyon

Students should be packed and ready by 8am, climbing all day

12:00-Lunch integrated into the day

1:00- Climbing in Jacks Canyon

6:00- Dinner

***Wednesday August 19, 2009***

8:00- Climbing in Jacks Canyon

Students should have camp packed up and ready to climb at 8am, Climb until 12 and hike out.

12:00- Lunch

12:30- Drive to Blueridge Reservoir

SWIMMING!!!

5:30- Drive to The Priest’s Draw and set up camp

Opportunities to slackline and hike through the bouldering area

***Thursday August 20, 2009***

8:00- Climbing near Le Petit Verdon (aka The Pit)

Students should have camp packed up and ready to climb by 8am, short drive to the climbing area, demo on Trad climbing, opportunities to practice placing trad gear and opportunities for mock leading on top rope.

12:00- Lunch

1:30- Drive to NAU

Final Debrief, Gear Shakedown.

3:00- All trips return to NAU Recreation Center

All Wilderness Welcome participants complete evaluations and assist in the derigging process.

3:30- Move In

All Wilderness Welcome participants and Trip leaders will assist in the move in process.

6:00- Optional Dinner

Participants and Trip leaders are encouraged but not required to meet back for a celebratory dinner.