



Upward Bound

Upward Bound Target High Schools

- Coconino High School, Flagstaff
- Hopi High School, Keams Canyon
- Winslow High School, Winslow
- Williams High School, Williams

INSIDE THIS ISSUE:

WESTOP Leadership Conference	1
UB College Trip	2
Kudos to Diana....	2
UB Students in Action	3
Top Ten Occupations	3
UB Senior Corner	4

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WESTOP Student Leadership Conference

We would like to give thanks to the wonderful individuals who sponsored and presented at the 10th Annual Arizona WESTOP Student Leadership Conference on September 16th at the Arizona State University Polytechnic campus. As one who attends conferences, there is always uncertainties as what to expect and what type of environment one expects to be in. Our Upward Bound student group was the only high school group amongst college students from throughout the state. Of course, with so many different activities designed to bring the group together it made for a great day of expanding our circle of friends, sharing resources and

learning about individual college experiences. Many of the workshops provided had a theme of taking the initiative to work towards what one is passionate about and to advocate to make change happen where improvement is necessary, so it provides benefits for those to follow. This conference allowed our students to open their minds to learning about real life issues from individuals who have persevered by following what they want for themselves and others. Some workshop topics included: Dreaming the Dream Act; Speak Up, Step Up; Transforming your Education Through Activism and Advocacy; The Entrepreneurial Advantage; Running Your Own

Business While in School, etc. We would like to thank our parents for allowing their child to participate and to our UB participants, thank you for making the trip enjoyable. In closing,, we want to send our appreciation to our wonderful Site Sponsors at the four school sites for assisting with the necessary arrangements. This year's UB selected participants were; Eden Clah, Natoryan Davis, Sheldon Nanacasia, Keia Kelly, Angelica Salazar, Mardo Lewis, Joshua Carlson and Yasmin Puhuyesva.



Scenes from Leadership Conference



Joshua C, Natoryan D, Mardo L, Angelica S, and Eden C.



2011 Arizona WESTOP Student Leadership Participants



*Knowledge
is like climbing a
mountain;
The higher
you reach
the more you
can see
and appreciate.*



Call to Action Presentations



Dinner at Cheese Cake Factory



*“Wherever you go,
no matter what the
weather, always bring your
own sunshine.”*

UB College Trip to Arizona Southwest Colleges

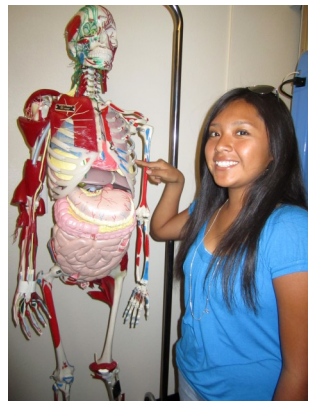
College campus tours and visits are another way for students to visualize and experience the idea of “college life” in general and to have all students become familiar with the environment and how it will help each to decide if a campus is the right “fit.” It is reported that if a student is supported and encouraged and connected with the right people, it is most likely the student will attend college which is the goal of our Upward Bound program. This past October 2011 we had the opportunity to take 22 students to 3 college campuses;

Arizona State University, Gateway Community College and Yavapai College. As part of their tasks we ask each student to complete a comparison sheet about the location, size, environment, admission requirements, academics, college expenses, financial aid, housing, activities, and facilities to determine what is most important to them. In add, we visited the Student Support Services at each college so our students are aware of the services offered to TRIO members. As an extra treat, Mr. Wiley Davis, Gateway Community College TRIO Director

provided a motivation session for our students. At Yavapai College, there was an opportunity for a student panel session where all of our students asked questions about “college life” in general. In regards to afternoon meals, we planned for our students to eat at the college campuses so they could get the feel of the student body in action. Last, we had an enjoyable evening dinner with 3 UB Alumni’s (Mykhal Mendoza, Michael Tate, Apache Colelay) who are currently attending ASU. We had a fabulous time!



2011 Fall Upward Bound College Trip



*“Thanksgiving,
after all,
is a word of
action.”
W.J. Cameron*



Kudos to Diana Betoney! ☆☆☆☆

On behalf of the Northern Arizona University Educational Support Services department, our lovely Upward Bound Project Director, Diana Betoney was presented with the Above and Beyond Star Award . It came as a big surprise to her as she was acknowledged for positive and wonderful attitude towards her students and the people she works with. Of course, we all know she greets everyone with her beautiful

warm welcome anytime she sees you. She definitely is a gem and we do appreciate all she does for her students, parents, staff and her colleagues. We continue to wish her well and to keep up the excellent work . Please do take the time to congratulate her as we all know how humble she is when it comes to the extra recognition. We are proud of you, Diana, and so fortunate to work with you. You bring

much joy to our lives. Thank you for the work you do to benefit our UB students!



UB Students in Action!

Our UB students are encouraged to participate in extra-curricular activities in their school and community as the exposure has positive benefits; be involved in diverse interests, gain skills and experience, meet diverse students, develop self-confidence, add to job & college applications, contribute to a club or organization, and learn about time-management.

Emmett Foster, Winslow HS National Honor Society, Big Brothers, Big Sisters, Band, Grand Canyon Youth, Debate, Choir and Victory Club.

Angelina Garcia, Winslow HS—Student Council, “S” Club, Mexican Folklore Dance

Shean Ponce, Williams HS Football & Basketball

Crystal Heiser, Williams HS Cheer, Volleyball

Andrea Ayala— Williams HS Volleyball, Basketball, Mexican Queen of Independence

Janae Giles, Coconino HS All-Star Member, Volunteer at Paw Placement

Trevor Howard, Coconino HS Auto Club, Chambers Choir, National Honor Society

Aimee Wong, Winslow HS Grand Canyon River Rafting Club, 4-H Club, National Honor Society, Future Farmers of America

Fatima Molina, Winslow HS Student Council, National Honor Society, Futures for Children, Science Club, Orchestra,

Mardo Lewis, Winslow HS Student of the Week, Orchestra

Anabeth Avila-Arenas, Coconino HS— Robotics Team and Soccer.

Jennifer Lomayaktewa, Hopi HS—Cross Country, Basketball

Kira Beaudette, Hopi HS JROTC, Academic Decathlon

Quinten Ramirez, Hopi HS— Mr. Hopi

Tawny Koiyaquaptewa, Hopi HS— Miss Hopi.

We are so fortunate to work with such a fabulous group of Upward Bound students and want to let you know how proud we are of each of you.



*To our Upward Bound family,
May you be showered with many
wonderful blessings and know how
honored we are to have you
in our lives.
Upward Bound Staff*

Top Ten Fastest Growing Occupations

1. Home health aids
2. Network systems and data communications analyst
3. Medical Assistants
4. Physician Assistants
5. Computer Software Engineers, applications
6. Physical therapists Assistants
7. Dental Hygienists
8. Computer Software Engineers, Systems Software
9. Dental Assistants
10. Personal and Home Care Aides

Source: U.S. Department of Labor, Bureau of Labor Statistics

Things you can do now

- Read, Read, Read!
- Develop your reading,, writing and thinking skills.
- Join clubs in debate, science, or writing.
- Sign up for college outreach programs.
- Talk to college students.
- Join groups at school and in your community that focus on positive values and support .

What does it take to get into college?

It is a big step if you are the first one in your family to attend college. This means you will need a plan where you must:

- √ prepare academically
- √ think about careers
- √ find the people who can help
- √ learn about colleges!

- **Be Ready**– Take challenging courses in high school.
- **Think About Your Future**- 1-Learn more by getting into community and school groups and volunteer work, 2-Talk to people about the jobs they do, 3- Learn as much about computers, 4- Look for tools to help you explore careers!
- **Find People Who Can Help**– If you get help by the right people, it is more likely to get into college! If your family supports you, you’re a step ahead, get to know your high school counselor, find a mentor, and make friends with those who also plan to go to college.
- **College Knowledge**– Visit college campuses whenever you can, spend time in the counseling office, read everything you can about college and financial aid and keep track of deadlines for admissions and financial aid applications.

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UB Senior Corner

Your college countdown! Senior year involves much preparation. Read and review the:

Senior Checklist:

- Re-register for ACT if need to.
- Review college & scholarship planner to make sure deadlines are met.
- Discuss college choice and cost with family.
- Review college applications to avoid mistakes.
- Find out if you qualify for scholarship where you applied to.
- Follow up and collect letter of recommendations for scholarships.
- Apply to other scholarships.
- Visit your high school counselor to make sure you are meeting requirements for college entry and on track to graduate.
- Seek out your high school

counselor for scholarships.

- Prepare to complete FAFSA (Free Application for Federal Student Aid) in January 2012.

Learn about paying for college at the following websites:

www.act.org/fane - A financial aid need estimator
<http://www.actstudent.org> - The ACT website provide an enormous amount of information regarding college planning, career planning, financial aid, ACT registration, practice test and etc.
<http://www2.ed.gov/finaid/landing.jhtml?src=ln> -Financial Aid overview.
<http://www.fafsa.ed.gov> - The Free Application for Federal Student Aid website. This is where you start when you are ready to apply for financial aid.
<http://www.finaid.org/> - This site has a free scholarship function as well as information on loans, savings programs, and military aid.
<http://www.hsf.net> - A Hispanic Scholarship Fund website that features scholarships for Hispanic students and research reports on the education of Hispanic students.

Watch out for SCAMS!

Steer clear away of any "service" that charges a FEE and avoid claims;

"The scholarship is guaranteed or your money back."
"You can't get this information anywhere else."
"May I have your credit card or bank account number to hold your scholarship."
"You've been selected by a national foundation to receive a scholarship" or "You're a finalist" in a contest you never entered.

